

# INSTRUCTIONS FOR USE

## Lung Exerciser

### MATERIAL:

- PP, PE & ABS

### INSTRUCTIONS FOR USE:

- Hold unit in an upright position, exhale normally and then place your lips tightly around the mouthpiece.
- For a low Flow Rate, inhale at a sufficient rate to raise only the ball in the first chamber while the second chamber ball remains in the rest positions. This position should be held as long as possible. A hold manoeuvre should then be maintained for three seconds.
- For a Higher Flow rate, inhale at a rate sufficient to raise the first and second chamber balls while the third chamber ball remains in the rest position.
- Exhale. Remove mouthpiece and exhale normally, relax (repeat) following each prolonged deep breath, take a moment to rest and breathe normally. Then repeat the number of time recommended by Doctor.

### WARNING

- To be use this product under the guidance of qualified doctor or paramedic.
- Read instruction before use

### CONTRAINDICATIONS:

- do not use if patient had surgery.
- do not use if patient have lung disease

### PRECAUTIONS:

- Always take to doctor advice before starting an exercise program
- If any changes in medicine talk to doctor before exercising
- wait for exercise at least one and half hour after eating the food.

### Adverse Reaction

- Person has develop hypersensitivity to a material or organism.

### MANUFACTURER DISCLAIMS ANY RESPONSIBILITY FOR POSSIBLE CONSEQUENCE RESULTING FROM IMPROPER USE.

- The product should not be reprocessed.
- Visually inspect and carefully check the product and packaging before use.
- Improper transport and handling may cause structural and / or functional damage to device or packaging.
- Do not clean or re-sterilize.
- The product should be used immediately after opening the packaging.
- The device strictly for single patient use. Multiple uses can be a potential biohazards.

### STORAGE CONDITION :

- Store in cool and dry place. - Do not expose to heat or direct sunlight



Unique Identification No.



Lot No./Batch No.



Manufacturer



Date Of Manufacturing



Use By / Expiry Date



Single Use



Do Not Resterilize



Non-Pyrogenic



Do Not Use If Package Is Damage



Caution



Consult Instructions For Use



Keep away from sunlight



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